

School Infirmary

The School Infirmary is looked after by qualified nurses. Medical check-ups of students are regularly carried out by Surya Hospitals and a record is maintained. If the doctor is of the opinion that a child needs special medical attention, the parents are informed of the same.

Parents are requested not to send sick children to school for attending classes or appearing for examinations. This is in the interest of the child and at times his/her classmates, as well. Medical Certificates must be submitted so that the child's results are not affected.

Practices and Procedures:

Our school promotes a high standard of health and in its day-to-day work with children and adults. This is achieved in the following ways:

If a child meets with an accident in school, The School Nurse will administer First Aid as needed, and send a note home to parents giving details of the incident. Parents are always notified by telephone.

The PE teacher/Class teacher will accompany students to the Infirmary.

If a child becomes ill during the school day our Nurses will assess them to decide if they should go home. If so, parents or other nominated contacts will be telephoned.

Our Nurses have the responsibility for ensuring that first aid equipment is kept clean, replenished and replaced as necessary. Sterile items are kept sealed in their packages until needed. Travel First Aid packs are taken on visits out of school.

All parents are requested to impart Health Education to their children.

Annual health check-ups are conducted by the school.

This is important so that they –

- a) Maintain personal hygiene such as trimming of nails and being neat on a regular basis.
- b) Exercise regularly.
- c) Sleep for at least eight hours daily.
- d) Have a balanced diet, nutritionally rich.
- e) Drink water which is either boiled or filtered. All students are advised to bring their own water bottles from home.

- f) Avoid consumption of ice-creams, other milk products and eatables from road-side vendors and kiosks.
- g) All children should also be:
 - i) Dewormed at least once every year, on the advice of the family physician.
 - ii) Have a dental and ophthalmic check-up once every year by a well- qualified dental surgeon and ophthalmologist.
 - iii) Immunised as per the schedule given:
 - a) BCG
 - b) DPT
 - c) Oral Polio
to be completed before entry to the School
 - d) Measles / MMT
 - e) Tetanus – Booster dose to be given between 7 – 16 years of age and also to be given if injured.
 - f) Typhoid every 2/3 years (with oral medicine / injections)
 - g) Hepatitis A, Hepatitis B, Meningitis, Chicken Pox
 - h) Students suffering from diseases such as Chicken Pox, Cholera, Measles, Mumps, Whooping-cough, and Jaundice must observe the prescribed period of quarantine.

Students suffering from infectious diseases such as Conjunctivitis, Dermatitis, Scabies, etc. should not be sent to school until they have fully recovered.

Students suffering from chronic diseases like Asthma, Epilepsy, Heart Disease etc. are advised to be under continuous medical supervision of a doctor, who is a specialist in the concerned field. History of their ailments must be filled up in the School Almanac, along with the treatment and the medicines prescribed by the concerned doctor.

Parents are also advised to keep the school infirmary informed (medical / health problem which may have developed during the academic year.

The medical history of the student must be filled up by the parents in the space provided in the almanac.

“Parents are not supposed to send medicines along with the child without prior permission from the Principal.

Personal Hygiene:

To protect the health of the school community and help students manage their own personal hygiene routines.

Definitions:

Personal hygiene is the action, habit or practice of keeping oneself clean, especially as a means of maintaining good health. The practice of personal hygiene can also protect the health of others.

Objectives:

- ✓ To ensure all aspects of good hygiene are encouraged among pupils, staff and visitors
- ✓ To provide consistent messages in school about good hygiene within and outside of the taught curriculum
- ✓ To increase pupils' knowledge, understanding, experience and attitudes towards good hygiene
- ✓ To ensure the provision for hygiene in school reflects the cultural and medical needs of all pupils
- ✓ To ensure the school environment is a hygienic place to learn and work in

Food and Kitchen hygiene:

The school strictly follows "NO JUNK FOOD" for children. Students can bring healthy food from home or avail the canteen facility.

SVKM International School food preparation areas conform to environmental health and food safety regulations. Staff responsible for preparing and handling food in school are aware of, and comply with regulations relating to food safety and hygiene.

School Toilet and Hygiene Policy Statement:

In schools, where children are in close and frequent physical contact with each other, infectious diseases can spread rapidly. SVKM International school will seek to help protect children and staff from infections and reduce the risk of outbreaks by ensuring;

- ✓ Rigorous hygiene procedures are in place
- ✓ Ensure information is provided to parents and staff on keeping infectious children and staff away from school to prevent contamination.